

JUNE 2023






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Contact the editors for details.

Tel. Peter 01325 730450 or Neil 01325 733140
or email: editors@parishnews.org.uk

Deadline for next month's magazine: 15th June

Send items to:

Peter Dransfield, 36 Balmer Hill, Gainford.

Tel. 01325 730450

Mark Samuelson, Little Newsham Hall, Winston.

Tel. 01833 660298

or email: editors@parishnews.org.uk

Items for publishing in Parish News

The editors welcome notices, events and articles of interest to the local community. We prefer to receive items by email in a word format (.doc) and any graphics included to be sent as separate files (jpg, tiff or pdf).

You may include a complete poster in pdf format to illustrate the intended design. Note that designs produced on your computer will be reduced in size to fit the magazine page and any included text may be unreadable.

Editors: Peter Dransfield, Paula Holmes, Neil Russell

- The editors reserve the right to edit any material submitted for publishing or reject content which they consider unsuitable for publishing.*
- The editors may not publish an item if space is not available in the current magazine*
- A name and address or contact details must be provided but may not be published if requested.*
- All comments and opinions expressed in articles are those of the authors and not necessarily those of the editors.*

Cover Collage by Paul Place; pictures supplied by Mike Stow and Paul Place



This month the Parish News magazine is sponsored by 'Gainfest'

As you can see from the wonderful collage of pictures on the front cover, both the children's sports day and fancy dress competition have been an important and central part of our community for many generations. One of the cover photos is over one hundred years old!! So many Gainford residents have taken great enjoyment from it over the years, and there will be parents in the village now who see photos of themselves as children and on it goes. In 2012 the decision was made to combine the annual fancy dress competition with sports day to mark the Diamond Jubilee year, as well as the London Olympics, and this combined format continues to this day.

It is not always obvious from the pictures, but there are many volunteers over the decades that have made these events possible. This year we have a new team of volunteers who have tried to bring their own stamp to Fun Day, by bringing you Gainfest. To drive it forward for new generations, new helpers and volunteers are always needed. If you would like to help out please get in touch with:

Steph on 07548 851954 or email:
Stephanie.Watson91@hotmail.com



Poetry!

Do you have a love of verse?

Then come along to Gainford Village Hall

Thursday 22nd of June

7.30pm till 9.00pm

Bring along your favourite poems or ones you love to hate!

£3 contribution includes tea, coffee and cake!

*Let's share, discuss and discover each others' points of view
on the 4th Thursday of every month.*

The Blessings of June

The kingdom of heaven is like a merchant searching for fine pearls. When he found a pearl of great value, he went out and sold everything he had and bought it.

Matthew 13:46

One of the birthstones for the month of June is the pearl, which symbolise purity, humility and innocence. Pearls are also associated with wisdom. Jesus mentions fine pearls when he describes the kingdom of heaven. A single pearl can command such value that a merchant would choose to sell everything to acquire it. It is unsurprising then that pearls are choice wedding gifts.

For me, there is something inexplicably intriguing about the formation of this precious item, the pearl. Pearls only exist because a mollusc or an oyster reacted against an irritant. The oyster or mollusc slowly secretes layers of aragonite and conchiolin, which creates a material called nacre, also known as mother-of-pearl, which encases the irritant and protects the mollusc or oyster from it. This encased irritant becomes the pearl. There is something counterintuitive about this reaction, that the irritant is transformed into a thing of unique beauty. It is like the grace of God – enveloping the undeserving in divine love, transforming the wrongdoer, one that does not belong, into a person made holy, who is welcome in the kingdom of God.

June has been chosen as the month that commemorates rather important saints. The feast day of John the Baptist is the 24th of June. John's singular purpose in life was to prepare the way of the Lord,

to prepare people to receive God in his Son Jesus by the sacrament of Baptism. Peter, the disciple whom Jesus appointed to build the Church, is commemorated on the 29th together with Paul, the first missionary apostle, who extended the Church beyond Jerusalem. Like the transformation of the pearl from a destructive element into a thing of great value, Peter and Paul were transformed from men guilty of wrong against God into the pillars of the Church. The entire month of June is dedicated to the Sacred Heart in the Roman Catholic tradition, and particularly celebrates the solemnity of the Sacred Heart of Jesus on the Friday following the second Sunday after Pentecost, which is the 9th of June this year.

What blessings might you find this month? The June Solstice marks the longest day north of the equator and the shortest day in the south. Somehow, sunshine and warmth seem to have been rather reticent in arriving this year, so I am hoping that June brings real summertime. We look forward to weddings in St Mary's Church, Gainford on the first Saturday in June, and in St Andrew's Church, Winston on the last Saturday in June. We wish our brides and grooms and their families, great blessings as they begin a new chapter in their lives together.

Rev'd Canon Eileen Harrop

Winston Parish Council

Annual Report 2022/23

During the past year there has been twelve Ordinary Meetings of the Parish Council plus the Annual General Meeting.

The Parish Council has continued to consider all planning applications within the Parish and those bordering which impact upon it. When required the Parish Council will submit comments/objections based upon material planning considerations.

The Parish Council has continued throughout the year to respond to residents enquiries and signposted them to sources of help.

The Parish Council has reported a variety of issues of concern to Durham County Council ranging from highways issues (resurfacing, patching, white markings), obsolete signage, excess litter and more.

The gmail communication channel (winstonhelp20), initially established during the pandemic which as subsequently been continued as an information sharing means, has been reviewed. Councillor Cook currently has the responsibility for maintaining this link.

The Parish Council has continued to deliver a programme of grass cutting in Winston village as well as refurbished the rose bed area. Thanks go to Councillor Eric Reed for his work at the rose bed area and for the generous gift of a flowering pear.

The Parish Council has represented the Parish in the preparations for the 2022 Appleby Horse Fair and followed up on a number of areas of concern afterwards to ensure better communications with Durham County Council during the 2023 migration periods for the Fair.

A Christmas tree was purchased and installed on behalf of the village and our thanks go to all those community volunteers who helped with its installation.

The Parish Council commenced work with community volunteers to assist in the delivery of a weekend of community events to commemorate the Coronation of King Charles III and Queen Camilla, including applying for funding from the National Lottery and the Teesdale Action Partnership. In addition, the Parish Council made a donation of £300 towards the events.

Councillor Eric Reed has now resigned from the Parish Council due to personal circumstances and the Parish Council would like to express their thanks to him for his time and work as a Councillor.

For 2023/24 the Parish Council will continue to assist with delivering the community Coronation events and submit financial monitoring forms to funders. In addition, the Parish Council will also oversee the delivery of refresher defibrillator training in the village.

*Cllr Mike Taylor,
Chair-Winston Parish Council*



Winston Coronation Picnic

I just wanted to drop over a few words after the coronation picnic from the Davies Family from South Cleatlam for the Parish News in case you are doing a write up.

"We thought the event was very well organised and made for a very relaxing day considering we have three small children in the family. Having the marquee ensured that we did not need to worry if the traditional English weather gave us a shower.

The day itself was lovely, the marquee was decorated fantastically and the games

for the children were a lovely touch and we all very much enjoyed the afternoon.

The parish news magazine is a great way for us to keep in touch with the events that are being organised so that we don't miss out.

Huge shout out to the team involved for organising the Coronation Picnic, especially to Stephen, Mary and Paula. It was very much appreciated the extra effort that was put in to their outfits and taxi service was a lovely touch!"

Many thanks again.

The Davies Family, South Cleatlam

Winston Playing Fields Car Boot Sale

Sunday 2nd July

Cars 8.00am Public 9.00-11.30am

£6 per car/£8 per van

No need to book

Entrance £1 adults, children free

Further information: Tel. 01325 733225

*All monies for the upkeep of the
Winston Playing Fields.*

Nearly New Stall

We are having a nearly new stall
at our car boot sale

and would be grateful for any
bric-a-brac, toys, books, tools etc.

Please take any donations to a
committee member or to the side
gate of the field on the day.

**Further information:
Tel. 01325 733225**

Gainford Patient Participation Group

"Hay fever-Something to be sneezed at!"

Spring has finally sprung, King Charles and Queen Camilla Coronations 'done and dusted', Trees are blossoming, and grass is growing like topsy! With Spring comes the welcome promise of warmer days but for hay fever sufferers also the less welcome threat of pesky pollen and the seasonal allergies it can cause.

Almost half of the adult population now report suffering some hay fever symptoms according to the charity Allergy UK. And while the birch tree pollen 'bomb' in early April that caused problems for up to one quarter of hay fever sufferers is now in decline, we should prepare in advance for grass pollen season, which affects most hay fever sufferers.

Anyone who has annual hay fever will know the basic rules of remaining forearmed by checking the daily pollen counts, published by the Met Office, making sure you are taking the right preventive medication before the season strikes its worst, keeping windows closed, especially at night, to avoid exposure to pollen, and taking a shower before bed to remove pollen particles from the hair and body.

Hay fever is an allergic reaction to pollen, typically when it comes into contact with your mouth, nose, eyes and throat. Pollen is a fine powder from plants.

Hay fever can last for weeks or months, unlike a cold, which usually goes away after one to two weeks. It is typically worse on warm, humid and windy days

Did you know?

you do not need to see a GP for hayfever symptoms.

Many treatments are available **without prescription** for a small cost from a pharmacy, supermarket and other stores.



when the pollen count is at its highest. The good news is you will rarely need to see a GP as hay fever relief is available at community pharmacies, supermarkets and other stores.

How will you know if you have hay fever? It probably won't be the first time you've had it. You may be within the 30% of children who get hay fever or from adolescence with your symptoms arriving with blossoming trees, plants and grasses.

Hay fever symptoms include:

Sneezing and coughing, a runny or blocked nose or loss of smell. You may also have itchy, red or watery eyes, throat, mouth, nose and ears, headache or pain around your temples and forehead and ears as well as feeling tired.

If you have asthma, you might have a tight feeling in your chest, be short of breath, wheeze and cough.

Currently there's no cure for hay fever and you cannot prevent it however the NHS website suggests things you can do to ease your symptoms when the pollen count is high.

Help yourself, advice is available via NHS online, the NHS website and NHS 111. Further help is available from Community Pharmacies as well as Gainford surgery.

Do try some or all to see if it helps reduce your risk of pollen on or near you:

- Make sure you have antihistamines; these are available from shops for a few pence.
- Put Vaseline around your nostrils (will also protect your nose if its runny).
- Wear wraparound sunglasses to protect your eyes.
- Vacuum regularly with a HEPA filter cleaner, dust with a damp cloth.
- Buy a pollen filter for the air vents in your car.
- Go online and get tips from: www.allergyuk.org/types-of-allergies/hayfever/

Try to minimise your risk of increased pollen by not:

- Cutting or walking on grass or spending too much time outside
- Keeping fresh flowers in the house
- Smoking or being around smoke.
- Drying clothes outside as they will be exposed to pollen, challenging with the cost of tumble drying!
- Pets, especially dogs and cats can have their fur covered in pollen. Use a damp face cloth to wipe their fur, particularly their paws and muzzle after every walk to help remove any tiny traces of pollen.

Check out the pollen forecast on www.metoffice.gov.uk/weather/warnings-and-advice/seasonal-advice/pollen-forecast

A community pharmacist can help you by offering you advice and will suggest the best treatments, like antihistamine drops, tablets or nasal sprays to help with itchy and watery eyes, sneezing or a blocked nose

For Non-urgent advice try NHS online, NHS website or NHS111.

- **See Dr Lizzy, Alison or Carsten if your symptoms are getting worse or your symptoms do not improve after taking medicines from the community pharmacy or supermarket.**

Everybody is different so if needed, our GPs will agree the most appropriate treatment with you for you.

*Yvonne Thomson
Gainford and Teesdale Patient Representative
(source info NHS websites)*

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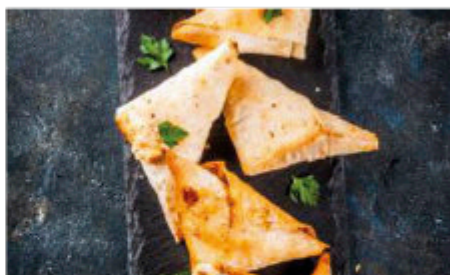
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Spicy vegetable samosas

It's amazing how you can still achieve crisp, flavoursome samosas without making pastry from scratch or frying.

Serves 6; Prep 10 minutes Each 259g serving contains (excludes serving suggestion) Kcal 205

Carbs 37.2g; Fibre 4.2g; Protein 4.4g; Fat 3.4g; Saturates 0.9g; Sugars 9.5g; Salt 0.33g



Ingredients

- 6 mini wholemeal tortilla wraps (approx. 30g each), halved.
- Spray oil
- 2tsp cumin seeds
- 2 onions, finely chopped
- 2 cloves of garlic, crushed
- 1 tbsp fresh ginger, grated
- 1 large sweet potato (approx. 300g), cut into small cubes
- 750g frozen mixed vegetables
- Pinch each of garam masala, turmeric and sesame seeds
- Pinch of chilli flakes
- Squeeze of lemon juice
- 1 tbsp fresh coriander, chopped
- Plain flour and water, mixed to a glue-like paste

Method

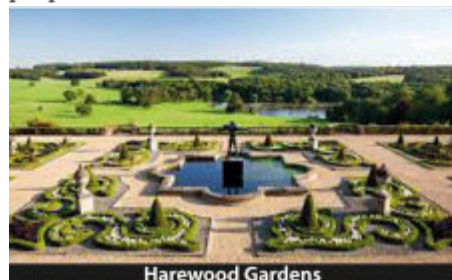
1. Cut wraps into halves ready to make into pockets for the healthy samosa.
2. Spray oil into the pan on medium heat and roast cumin seeds.
3. Add and sauté the onions, garlic and ginger until soft.
4. Add cubed sweet potatoes (cut to the size of a pea) and mixed vegetables. Season with garam masala, turmeric, sesame seeds and chilli flakes. Cover and cook on medium heat (add a splash of water so the mixture doesn't dry and helps softens the vegetables) for about 20 minutes or until soft.
5. Add the lemon juice, sprinkle with the fresh coriander and allow the mix to cool.
6. Use a flour and water paste to seal the straight cut side of your wrap 'pockets' it should be a glue-like consistency.
7. Fill with the cooled vegetable mixture and seal the curved side of the pocket.
8. Refrigerate for 30 minutes to allow the pockets to seal.
9. Bake in the oven until golden.

(Reprinted with permission from Diabetes UK)

Gainford Local History Group

The June meeting will take place on Monday 12th June at the usual time of 7.30pm in the Supper Room, Gainford Village Hall

The Talk entitled 'Capability Brown: his life and Gardens (some in the North)' looks at the man behind the name, his personal life, the gardens he created and his legacy as well as some interesting facts about him not many people know!



Harewood Gardens

Mike McQuade has worked in Horticulture for over 36 years in many roles including a Gardener, Landscaper, Plant Nurseryman, Lecturer in Horticulture and now a Self employed Gardener and Horticultural Consultant.

He also has a regular Gardening slot on Zetland FM radio since 2019 and has

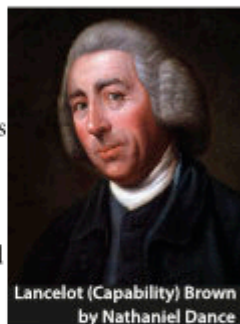
written articles for their Magazine. He has a keen interest in Historic Gardens and regularly visits Gardens with historic interest both in the UK and abroad as well as talking to people about Historic Gardens so lots of his photos in his talks are taken by Mike personally while visiting gardens.

Mike McQuade is a member of and actively involved in the Chartered Institute of Horticulture and is the Vice Chairman of the Northern Branch Committee. He has been giving talks to a variety of groups since 2004 including Garden Clubs/societies, History groups, Women's institutes and Rotary clubs.

Entry Fee: £3.00 - All welcome !

No membership required

Lucia Luck



Lancelot (Capability) Brown
by Nathaniel Dance

Handbell Ringers wanted

A small band of handbell ringers meet on Mondays at 6.00pm in St Mary's Church.

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GAINFORD VILLAGE HALL NEWS



Afternoon tea in Gainford Village Hall

Don't you just love it when a plan comes together?

The Coronation weekend was such a great bundle of activities and highlighted so much that is good about our village.

From the Village Hall's perspective, on the bank holiday Monday, we had a mega afternoon tea for over 130 people eating fabulous food, drinking lashings of fizz and tea, and being entertained by an incredible magician. On top of that, having watched *The Gruffalo* in the theatre, more than 50 village children enjoyed films in the Supper Room while consuming popcorn, sweets and drinks.

It just goes to show what a jewel in the crown (apologies for the coronation pun) our Village Hall is, and it showcased the

hall to many who'd not been in it before, or maybe not for a number of years.

We've had fabulous feedback from emails, letters, phone calls and on social media and we managed to have over 50 questionnaires filled in to give villagers' opinions on the future for the Village Hall.

A massive thanks is due to all the volunteers involved, and particularly Danny Grogan who put the whole thing together. Also, to the many who, once having finished their afternoon tea, jumped up to help set up and serve the next sittings and then clear up!

Thanks are also due to Emma, Lissy, Alison and Keith from the Gainford Drama Club who, after performing *The Gruffalo*, then became waiting staff.

Bill Oldfield

Chair, Gainford Village Hall volunteer management team

Gainford Village Hall

Annual General Meeting

The AGM of the Village Hall will take place in the Supper Room at 7.00pm on Wednesday 28th June. Every villager is welcome to come along and hear of how the volunteer management team have worked hard over the last twelve months and to hear of plans for the future.

Do come and let us know of what you want from this valuable community centre. It is there for you! What would you like to see happen there?

Volunteers Needed

All the work of looking after the Hall, encouraging events and raising funds to do so is done by volunteers. People who generously give of their time to ensure we keep the building for everyone.

It is an old building that needs a lot of money to keep it in good condition for the future. One way of finding money is to apply to a variety of charitable funds in the area and nationally. Most times this requires writing up an application and sometimes talking to fund givers. Can you help with this?? Do you have experience of fundraising?? If you'd like to be involved, our contact details are at the bottom of the page.

Bill Oldfield, Chair

Gainford Village Hall volunteer management team

For all enquiries, or to book the Village Hall, contact:

- Tony Kennan on 07836 673801 email: adk@kennan.co.uk
- Bill Oldfield on 07711 489520 email: email@billoldfield.com



Are you handy with a power tool, paint brush or ladder?
Ever wanted to get involved with lighting and sound in theatre?
Gainford Drama Club are looking for volunteers to help behind the scenes! Whether it's helping with set building or controlling the lighting and sound! We want to hear from you.
All abilities welcome to pop along!

HELP WANTED!

Please contact:
secretary@gainforddramaclub.co.uk



The Parish Photograph

Winston Coronation Celebrations

This began on the evening of Friday the 5th May with a well-attended 'bat walk' led by Jodie Morgan from the Durham Wildlife Trust. It was not only educational to learn about bat behaviour but also fascinating to hear them with specialist equipment. £100 was raised for Staindrop Primary School to purchase equipment to continue the exploration of bio-diversity at Winston Millennium Green.



Bat walk

The Saturday night party with Rock Roses was a sell out and everyone danced the night away. Many thanks to the band for ensuring everyone had a great time.

Saint Andrews Church, on Sunday morning, gave us all a real treat, with a great selection of hymns and a glass of Prosecco to toast the King whilst planting

a yew tree. The church itself was a feast for the eyes with its fabulous decorations.

The sun came out for our parish picnic, where almost 150 people attended in the decorated marquee. The atmosphere was amazing and there was a true sense of community spirit throughout the afternoon. There were carriage rides available to ensure everyone was able to join in, and one lady, who made use of the available transport, said that she "had been treated like a queen". There was music, lots of laughter and a real sense of togetherness. Organising the parish photograph was a little chaotic, but the result, with the church as the backdrop, is quite special.



Ready for the clean-up

On Monday, despite the heavy rain, about 35 volunteers turned up to help care for our community spaces. Lots of repairs, maintenance and clean up jobs



Marquee on the playing field



were achieved and followed by a get together over coffee.

Special thanks must go to Winston Village Hall and Playing Fields Management Committees for the use of their facilities throughout the whole weekend. Also, to Winston Parish

Council for their help with funding and grant applications. Thank you to Helen and Kevin Patterson for stepping in, at the last minute, to provide music and to Roger and Margaret Willet for providing power for the marquee.

A huge thank you to all who attended and entered into the spirit, of not only a coronation celebration, but a community celebration.

Many thanks

Paula and Mary



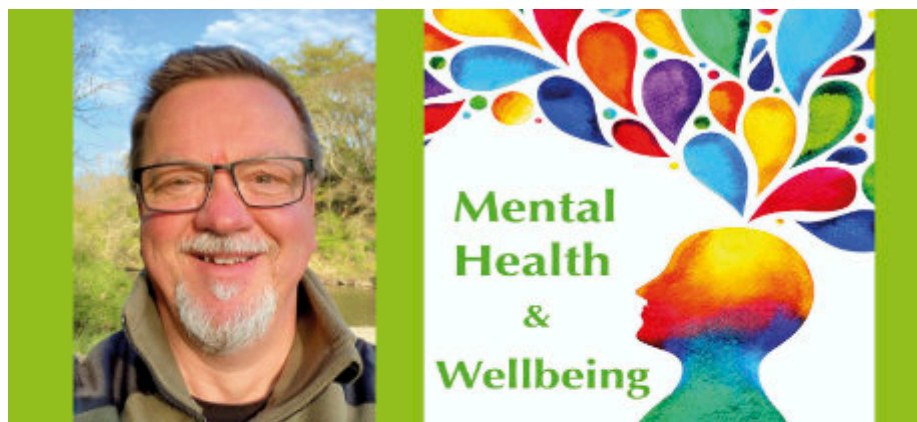
Cheers



Picnic in the marquee



Celebrating the Coronation!



We are what we consume

Follow the daily news and you might be tempted to despair of the world and humankind. We keep fighting wars, cheating, deceiving and dividing into hostile tribes defined by politics, religious beliefs and skin colour. We listen the contempt of politicians, pundits and power-brokers, sometimes in disbelief and at other times with resignation. The algorithms on social media, capture, filter and guide our attention and can ratchet up anger and hostility as we are encouraged to like, dislike and pour scorn. Strife can rule and the apps, airtime and column inches thrive on it using a flood of images and headlines where words such as harmony, love, kindness or compassion are rarely seen.

In our attention economy we give over so much of our own precious time and attention, not necessarily out of choice, but out of compulsion. It is so easy to see it all as the norm and rarely question the impact it has on our spirits, sanity and mental health.



If we move up a little closer to how we are before and after a meal of headlines and social media posts, we can begin to see the affects it can have on our minds and our wellbeing. Of course, it isn't all doom and gloom, but we are often pulled in more by sensationalism, the bad and the negative, as well as the things we can shout at and have an opinion on.

Making the choice to tune out and try a new kind of diet

For three weeks I decided to tune out of the daily news and instead, I read more books and poetry, I walked more, and I reached out to dear friends. At first, I could feel the pull of the apps, the

scrolling and the TV news, but bit by bit, the compulsion started to fall away, and I felt lighter and less weighed down by the headlines.

Usually, when we think of dieting, we think of consuming less food. We lose weight, we might feel more energetic and we begin to see the impact of what we consume on our physical bodies as well as our wellbeing. News headlines, social media and app-based scrolling are a different kind of consumption, but essentially, we are what we consume, and it shapes us and impacts us. Shedding this kind of weight through different choices can make us feel lighter in new and different ways. It can free up our attention and create both head and heart space so

we can focus on other things and often more out of choice than compulsion.

I would encourage you to give it a go. Pay more attention to how you feel before and after a session of news and social media scrolling and maybe give this new kind of diet a go. You haven't really got anything to lose because when I did get back to the news after my three-week diet, nothing had changed!



Paul Place

*Registered Community Mental Health Nurse
(RMN, BSc.) and Qualified Mindfulness
Therapist & Teacher (MSc. & PGDip.)*

If you are concerned about your mental health, please reach out to someone and if necessary, please contact your GP.



Friends of Gainford School

RAFFLE

1st Prize - Nintendo Switch
2nd Prize - a 'Heck' of a hamper plus exclusive deckchair
3rd Prize - Overnight stay for two at Headlam Hall plus many more amazing prizes

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The Celtic Wheel of the Year - June

*June is bustin' out all over
All over the meadow and the hill!
Buds're bustin' outa bushes
And the rompin' river pushes
Ev'ry little wheel that wheels beside the mill!
June is bustin' out all over*

*The feelin' is gettin' so intense,
That the young Virginia creepers
Hev been huggin' the bejeepers
Outa all the mornin' glories on the fence!
Because it's June...*

Those words from the musical 'Carousel' by Rodgers and Hammerstein can only be appreciated when teamed up with the music. The words and music of the song are exuberant as they testify to the sights, sounds and vibrant colours of summer to be experienced in the month of June. Behind us are the dark days and chills of winter and early spring. The sun breaks through the barrier of storm clouds and its warmth can be felt for the first time in months. The song expresses the sheer joy to be discovered in the Living world.

June is the month with the longest evenings and mornings where light quietly consumes the darkness, well before most of us are awake. The summer solstice, which happens around June 21, is the shortest night and longest day. To our Celtic ancestors, the sun was at the centre of their lives. It ripened the grain and swelled the fruit. Fires were lit in celebration and in England, from the 13th century onwards, people hung out lamps. Houses were decorated with flowers, churches were decorated with fennel and birch and there were processions and Morris dancing in the streets.

The Christian festival of The Ascension takes place in either May or June depending on the date of Easter. Luke alone creates a dramatic picture to illustrate this important event in the Jesus

story. Luke takes Jesus back to Bethlehem, where he came into the world, and having blessed his disciples, rose through the clouds to heaven, the place where it was believed God was to be found.

On a visit to the Holy Land, our Arab guide took us to the place where it is said Jesus' Ascension took place. He pointed to a shallow indentation in a rock saying "this is the footprint of Jesus which he left after his Ascension". All present were amused, yet still found this a powerful symbol of the Christ of faith. The Jesus of history was, in all aspects, truly human, a Rabi and itinerant teacher and healer, yet beyond that was a unique relationship with God.

But the Jesus of history has become the Christ of faith. Through prayer and loving Christian service Jesus is still walking beside us, leading us into the presence of God, who is the ground of (all) being.

"As they watched, Jesus was taken up and disappeared in a cloud. They stood there, staring into the empty sky. Suddenly two men appeared in white robes! They said, "You Galileans! Why do you just stand here looking up at an empty sky? This very Jesus who was taken up from among you to heaven will come as certainly, and mysteriously, as he left."

(Acts of the Apostles. 1 v 10-11, from The Message translation)

Have a good summer

Neil Russell

Poems to Ponder

by Neil Russell



'Trees' by Cedric Wright, a 19th century American poet

A landscape without trees can be desolate and barren. Trees, whether individually or as part of a wood or forest, are essential for controlling the world's climate. Invasive action by human beings creates a dangerous imbalance in the world's ecosystems. For example, uncontrolled destruction of the Amazon rain forests has resulted in the

devastation of whole communities. A way of life will have gone for ever.

The poet has a deep respect for the noble tree which creates an aura of peace and serenity as well as providing a cool refuge from the sun and a home for birds and other creatures.

Neil Russell

'Trees'

Consider the life of trees.

Aside from the axe, what trees acquire from man is inconsiderable.

What man may acquire from trees is immeasurable.

From their mute forms there flows a poise in silence;

A lovely sound and motion in response to wind.

What peace comes to those aware of the voice and bearing of trees.

Trees do not scream for attention

A tree, a rock, has no pretence, only a real growth out of itself
In close communion with the universal spirit.

A tree retains a deep serenity.

It establishes in the Earth not only its root system but also

Those roots of its beauty and its unknown consciousness.

Sometimes one may sense a glisten of that consciousness and with

Such perspective, feel that man is not necessarily the highest form of life.

Cedric Wright





**Join us on Saturday 24th June
for another afternoon of fun!**

Timetable:

1.30pm	Children's Fancy Dress – theme Mythical and Magical
1.45pm	Adult's Fancy Dress
2.00pm	Dog Agility Demonstration
2.45pm	Races
4.30pm	Riverside Race
4.45pm	Egg Throwing Competition
5.00pm	Prize Giving

Events & Stalls

- Tea & Cakes
- Bar
- BBQ
- Circus Skills
- Face Painting
- Live Music
- Assault Course

Race Programme:

The race programme starts with the trophy races around the village green.

1. The John Youds cup (7-8 year olds)
2. The Lord Nelson shield (9-11 years)
3. The Chairman's Cup (12-14 years)

Track Races

4. Nappy Rush (under 3 years)
 5. Sprint (3-5 years)
 6. Sprint (6-8 years)
 7. Egg and spoon race (4-6 years)
 8. Egg and spoon race (7-9 years)
 9. Sack race (9-12 years)
 10. Sack race (adults)
 11. Skipping race (6-9 years)
 12. 3-legged race (under 10 years)
 13. 3-legged race (10-16 years)
 14. 3-legged race (adults)
 15. Family Relay race
- *Competing for the Cross Keys Millennium Cup, teams of three, who must be related and include at least one child (under 16 years).*
16. Riverside race
- *A 1200m circuit from the village green, down School Lane, along the riverside and return via St Mary's church yard.*

The day ends with the ever-popular egg-throwing competition: two people, one metre apart, throw an egg between them. Then the pairs progressively move further away from each other until... there aren't any eggs left!

Henry VIII's Great Matter The Dissolution of the Monasteries

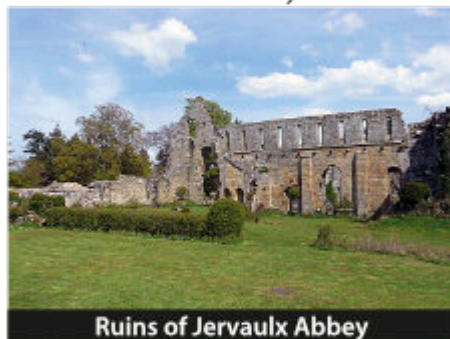
'Punished, Subprest and Put Downe'

by David Usher

During a recent visit to Jervaulx Abbey, North Yorkshire, which hit the buffers in 1536 when Henry VIII's Reformation Parliament suppressed the monasteries (Act of Dissolution), my thought processes queried firstly, the king's motivation and, secondly, the nature of change in religious practice and devotion which ensued. The abbey, located in a beautiful river setting, in lower Wensleydale, was capable of surviving the previous 500 years and my sense was that something very special had been lost.

Religion is often represented as a series of opinions which must be either accepted or rejected. In the lived experience of many people it is also an immersive cultural experience which embraces both the sensed environment alongside more absolute perspectives. A visit to Jervaulx brings the sensory dimension to life. The popular historian, Lucy Wooding (2022) has been highly effective in enabling consideration of this line of enquiry.

In the four brief years between 1536 to 1540, over 800 religious houses were closed down with no route of return for the dispossessed monks. This was ostensibly in response to the Great Matter, Henry's VIII's divorce from his first wife, Katherine of Aragon, and followed the king's declared break with Rome.



Ruins of Jervaulx Abbey

When surveying the desolation of Jervaulx Abbey the decisive actions of a sixteenth century Tudor monarch are hidden in plain sight. As oxymorons-to avoid go, 'early sixteenth century monarchy' is probably up there with 'fourth century brain surgery'.

Jervaulx' suppression in 1537 was a direct result of the Pilgrimage of Grace. The last Abbot, Adam Sedbar, became one of the leaders of the Pilgrimage, along with Robert Aske. Both met with execution. The Abbey was forfeited to the Crown rather than to the Court of Augmentation. The king's larceny at Jervaulx was high value: the roof lead alone was worth £1,000 in 1537 prices. The annual revenues of Jervaulx were estimated at a net value of £234. In context, Glastonbury Abbey, Somerset, had a net income of more than £3,000 per year.

From earlier motivation to widen access to education beyond the confines of the established church, it is not difficult



Ruins of Jervaulx Abbey

to conclude that the suppression process was primarily pecuniary, driven by hostile acquisition. Henry VIII's suppression caused a trickle down effect which created a new merchant class, according to Simon Jenkins (2018) and 'no comparable transfer of wealth has occurred since the Norman Conquest'. However, Lucy Wooding (2022) takes a divergent view with monasterial assets passing into the hands of the nobility and gentry 'in Norfolk, for example, the gentry increased their holdings from 67% of manors in 1535 to 78% in 1565.

The Henrician Reformation also aimed to rid the land of monks through a dislocation of people and a disruption of life not seen in England since the Norman Conquest, some 470 years earlier. As Shakespeare lamented in Sonnet 73 'Bare ruin'd choirs, where late the sweet birds sang'.

Wooding's work (2022) is a deeply human and intimate account of the Tudor century which aims to disentangle polemical narratives with regard to Henry VIII's motivation. This was undoubtedly a conflicted era which tore up the Plantagenet rule book and paved the incremental way toward a reformed relationship between the monarchy and Parliament during the late seventeenth century. However, Wooding proposes that 'the idea that Church of England sprang into existence when Henry VIII broke with Rome in 1533 is yet another historical myth, compounded of wishful thinking and confessional propaganda'.

Where others have seen ideology or political thought at play, Wooding is disposed to see ad hoc reactions to the insistent now of events, played out against fears of civil war, overseas war and contested successions. Wooding aims to place these events in the context of their time rather than directing the reader to view an historic figure who directed us to the present era.

In perspective, Henry VIII straddled both Protestant and Catholic traditions and there were key aspects of both to which he was either supportive or ambivalent. Characterising this duplicity, in 1521, the king authored 'Assertio Septem Sacramentorum' which defended the seven sacraments of the Catholic Church against Luther's disputations of 1517. For his trouble, Henry VIII was awarded the papal title 'Fidei Defensor' (Defender of the Faith). By 1534 the Act of Supremacy stated that the king recognised no superior in earth but only

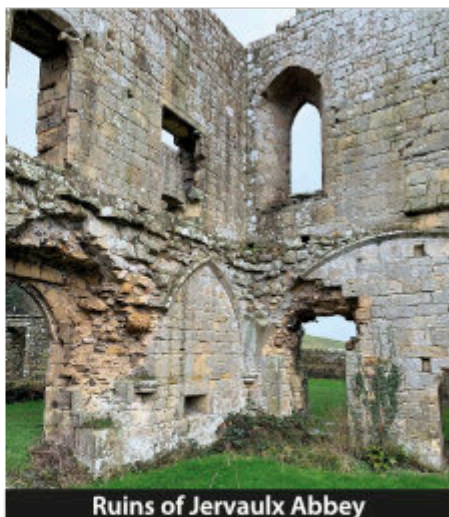
continued on page 28

Henry VIII's Great Matter - The Dissolution of the Monasteries - continued

God and (he) was not subject to any earthly creature. The 1539 Act of Six Articles was aimed at Protestant Anabaptists who were burned at the stake.

In short order, Henry VIII disliked Luther's disputation and was against justification by faith alone. He viewed the seven sacraments as inviolable and the Mass as a nexus of both social and supernatural forces (transubstantiation) manifest in the Real Presence. For good measure the king was also pro-confession and an advocate of clerical celibacy. Conversely, and lest we label him prematurely, he was against Papal authority, indulgences, the doctrine of purgatory and prayers for the souls of benefactors. Henry VIII straddled both traditions but served neither. Following the 1532 Act in Conditional Restraint of Annates, Henry VIII became God's deputy on earth. Queen Isabella and King Ferdinand had couched themselves as God's policeman on earth just forty years earlier in a Spanish Catholic context.

Wooding is clear that 'of all the Tudors, (Henry VIII's) legacy was the most long-lasting, it has also proved abidingly divisive'. Henry VIII has been variously portrayed as a medieval tyrant, a Tudor Stalin and, on the other hand, a Hercules of English history. Some historians have focussed on his male advisors, principally Cardinal Wolsey and Thomas Cromwell. Cromwell, the son of a Putney businessman, enjoyed a spectacular rise to Chief Minister of Henry VIII (Diarmaid MacCulloch, 2018). As the adage goes, 'the higher the climb, the further the fall'. In 1524



Ruins of Jervaulx Abbey

Cromwell was recruited into the household of Cardinal Wolsey.

Wolsey had planned two colleges in Ipswich and Oxford to celebrate his career. Cromwell was appointed to project manage their construction. As part of this, Cromwell had the job of winding up some small religious foundations to raise finance. In January 1530 Cromwell took a walk with the king in his garden at Westminster during which he gave an expert view of how profit might be made out of Church reform. Henry VIII saw possibilities and the concept of suppression was seeded. The king and his elite made a fortune out of the Church and its lands. Disconnected from the human cost of his actions, he was a tyrant in the making.

Ultimately the king's reformation was probably best understood by Henry VIII alone as he seems to have placed great faith in his own opinions. The phrase 'advisers advise, and ministers decide' seems apt. In the cyclical nature of events echoes of Reformation and Counter-



Ruins of Jervaulx Abbey

Reformation have reverberated through to the present day.

Wooding also considers the extent of substantive changes in religious practice and devotion which followed Henry VIII's reign. Aside from the suppression of the monasteries, the Parish structure of the Church remained intact in the English context. In the pre-Reformation Church religious worship was 'less an intellectual endeavour than a passionate sensory encounter' in which the spoken word was only one part of the experience. Ritual performance and polyphony were vital. Also, bells and smells. The censer at St. Paul's Cathedral weighed thirteen pounds and could swing the length of the nave.

A contemporary tract defended the use of sensory catalysts which left the churchgoer 'stirred and ravished to love and desire ghostly invisible things'. Bells awakened the sleeping and working soul to worship. The sacring bell announced

the Real Presence whilst scent represented the prayers of the saints (*Revelation 5:8*).

At this time England was a nation of small communities bound by the rituals of daily life and the rhythms of the agricultural and devotional year as encircled in the Celtic Wheel. Hopes, emotions and the experience of the everyday were closely interwoven with changing agricultural seasons - digging the earth in February, sowing seeds in March and harvesting in August, all observable in Upper Teesdale today. Purposeful communities supported and reinforced the order of physical and spiritual life with a strong parish focus.

In the month of May, people went out to the woods, groves, hills and mountains where they would spend all night in pleasant pastimes, and in the morning return with birch and branches of trees to decorate their home, a cherished element of the ritual year.



Henry and His Queen "Out a Maying"

Given lower levels of adult literacy, visual prompts and symbols were highly significant in the form of wall paintings and stained glass windows. The basis for knowledge and values was 'created and conveyed by stories, sights and other sensory experiences' as James Clark (2021) sets out.

continued on page 30

Henry VIII's Great Matter - The Dissolution of the Monasteries - continued



Ruins of Bolton Abbey

Wooding also points to the sacrality of nature 'land was a source of blessing, as well as sustenance. Wells, rocks and trees could be imbued with divine grace'. Trees were viewed as a source of strength, reflecting their practical links to shelter and ship-building.

In contrast, Protestantism challenged the sacrality invested in material objects. However, many early Protestants saw 'something sacred in trees and stones, wheat fields and hanging vines'. The Protestant focus came to bear upon words and doctrine and, uniform participation in worship.

This approach repudiated material or visual embodiments of the sacred, instead using texts and sermons to convey meaning. Thomas Cranmer denounced the pre-Reformation practice of seeing the elevation of the host which 'made the people run... from sacring to sacring, peeping, tooting and gazing at that which they saw'. Annexed to this was the mobilisation of biblical scholarship during the early Reformation with its emphasis on 'Sola Scriptura' (by Scripture alone). The Protestant churches sought 'to demonstrate their superiority over the traditional church through what they thought was greater conformity with the early church' (Kenneth Austin, 2020). The Bible was viewed as the ultimate arbiter on any disputed matters of belief or practice. The terms of the debate had begun to shift.

When looking around Winston and Gainford, we can see that many of the natural and spiritual rhythms of pre-Reformation life remain intact, including an active parish life, the loyalties of active citizens and the rhythms of the agricultural year. Meanwhile, parish churches in the area are predominantly built on pre-Reformation foundations and are substantially the same buildings in which Henry VIII's subjects held Mass.

David Usher

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Satirical Print, British Museum - Henry and His Queen "Out a Maying"

My Photo Gallery *by Robert Elliot*



The ford across the Alwent Beck

How many women can one man marry?

A little boy who attended his first wedding worked that one out pretty quick: the answer is sixteen.

It is easy, if you think about it.

Four better, four worse, four richer, four poorer. Comes to sixteen.

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Gainford Annual Fancy Dress Competition 2023

Saturday 24th June
1:30pm on the
Village Green

Age categories:
Under 5;
5-7; 8-10

Cash prizes for 1st,
2nd & 3rd place in
each children's
category!

Cup for
best overall
costume!

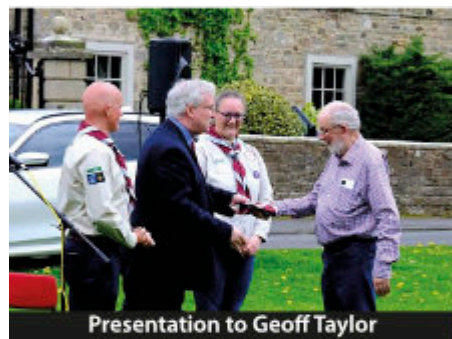
Plus new for 2023!
Anne Pratt Memorial Cup for
the best adult costume!

Theme: Mythical & Magical

Gainford's Celebration Service

HM's Deputy Lord Lieutenant Professor Ian Neal shares his thoughts about Gainford's Churches Together Celebration Service of the Coronation

I was delighted to be invited to the service and to read a prayer for His Majesty. The service included a presentation to Geoff Taylor to mark his many, many years of service to the Scout Troupe, so honoured to mark his and others whose contribution has endured. I was very pleased to be able to make the presentation to mark this work.



Presentation to Geoff Taylor

It was also fitting that I was able to deliver a Coronation Message from Their Majesties expressing their gratitude for everyone's efforts in the organisation of the community events surrounding the Coronation and for the expressions of good wishes they had received. This service was a perfect example of Their Majesties' wishes for bringing communities together.

The service was held on the village green just in front of the church. This is an absolutely splendid venue for services and I have attended several before, enjoying every one. Today was no exception. People can be as relaxed or

formal as they wish and can bring the whole family including their dogs (my wife Lois and I brought our rescue greyhound Tara who enjoyed all the attention she received). So long as the weather holds, it's perfect ... and on this day the weather did hold, despite the threatening clouds above.

The service was followed immediately by the planting of a very fine oak tree, to celebrate and mark the Coronation. I was honoured to be asked to do this by the Parish Council and I was looked after very well for this part of the activity by the Chair of the Parish Council and the lead organiser of the tree planting event.



Planting the oak tree

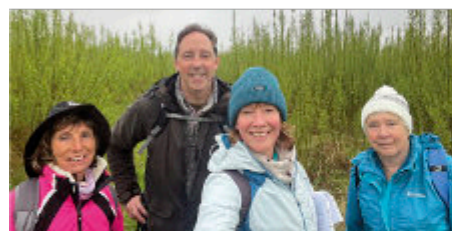
Finally, we came together to enjoy a picnic lunch – our part of the 'Celebration Big Lunch' – accompanied by local musicians and Coronation chicken was, of course, evident!

This was a wonderful event, enjoyed by everyone present and I pass my thanks to all those who organised the event so well.

*Professor Ian Neal, DL
HM Deputy Lord-Lieutenant for County Durham*

Walking The Northern Saints' Trail

We are walking section four of the Northern Saints Trail pilgrimage - The Way of Light from Heavenfield to Durham



Walking section four of our walk

Our previous decision to reorder several sections of our walk due to poor weather conditions paid off and, on Saturday 11th February – a bright, clear winter's day – we met at Ordley to walk the 13km trail to the village of Blanchland; a section that would lead us through very varied landscapes and offer spectacular views from the fells.



Dukesfield Arches

We began by following a stream through fields and woods to Devil's Water before coming across the restored Dukesfield Arches; here once stood a smelt mill which made lead from around 1666 until 1835, producing 3,500tons of lead a year (www.dukesfield.org.uk). We continued through a number of fields before ascending a rough track away from

the river and entering Slaley Forest. Our trail took us a couple of kilometres through conifer forest and past Ladycross Nature Reserve before opening out on to Acton Fell. After a short break for lunch on some well-placed boulders on the edge of the forest, we set off across the fell and up to Blanchland Moor. The fine weather had brought out a number of off-road motorbikes and we had to move away from the track several times to avoid being splattered with mud, but this gave us time to take in the far-reaching vistas and to spot the grouse hiding amongst the heather. It was a gradual descent to the village of Blanchland where an abbey and monastery had been established in the 12th Century; indeed, the name of the village comes from the white robes the monks used to wear. The picturesque village attracts a lot of visitors and walkers, has a few shops and cafes and the historic Lord Crewe Arms where we called in for a well-deserved drink at the end of our walk. *(to be continued next month)*



Lord Crewe Arms, Blanchland

Kim Crisp

Gainford Scouts Spring Update

1st Gainford Scout group have had a fantastic start to the summer term by hosting over one hundred Beavers, Cubs, Scouts and Explorers from the Teesdale District on St Georges Day. For those of you who missed us, we paraded from the scout hut, around the green to St Mary's where Rev. Eileen and her congregation welcomed us into the church to take part in the service, in which we all renewed our scouting promises. We then took our parading skills to Beamish, to take part in their Flag Day celebrations on Saturday 13th May, where we were proud to be part of 430 Beavers, Cubs, Scouts, Explorers, Rainbow, Brownies, Guides and Police Cadets parading with our flags flying!

We have also had a lot of fun in our weekly sessions, and you may have heard our Cubs ringing the bells of St Mary's or spotted the Beavers and Scouts out painting the bins around the village green



Giving the bins a new coat of paint

as part of the King's Coronation Big Help Out! We still have a touch of painting to finish, so please bear with us while we get this completed!

We'd like to offer a huge thank you to everyone who came down to the green on Coronation weekend and bought a burger, won a coconut, or simply made a donation – we made an amazing £390, which will go towards our summer camp! Thank you Gainford for your continued support!

*Fiona Diverss
1st Gainford Scouts*



Ringing the bells



Flag Day at Beamish

School Coronation Tea Party



'Mini Disciples' at Gainford CofE Primary School Coronation Afternoon Tea Party

A great afternoon was had by all at our Coronation Afternoon Tea Party!

All the 'Mini Disciples' came dressed for a royal occasion as we had a best dressed king or queen competition. Wendy enjoyed joining in and came along as the late Queen Elizabeth II! Congratulations to Emily who won with her fabulous William the Conqueror outfit.

We had a marvellous spread of food which included; home made scones with jam, cupcakes with our initials on, a selection of sandwiches and jelly. A big thank you to Wendy for making the scones and cupcakes for us all!

As well as party games we decorated Coronation bookmarks and worked on scratch art magnets to take home. We finished by spending some time praying

for our new King Charles III and Queen Camilla.

Mrs Riley, Headteacher said, "As a church school having Claire lead 'Mini Disciples Club' is a wonderful opportunity for pupils to ask the big questions about religion whilst learning in a fun and exciting way- through drama, art, games and so much more. It helps us to form strong links with our local church and parishioners and it also helps to promote each other's family and community activities".

We look forward to sharing with you more about 'Mini Disciples' soon.

If you would like more info about the club, please feel free to get in touch or contact the school office.

Claire Mead
Children, Youth & Families Missioner,
Tel. 01325 733154



Darlington Orchestra Summer Concert

Darlington Orchestra's next concert takes place on Saturday 1st July at 7.30pm in Dolphin Centre's Central Hall.

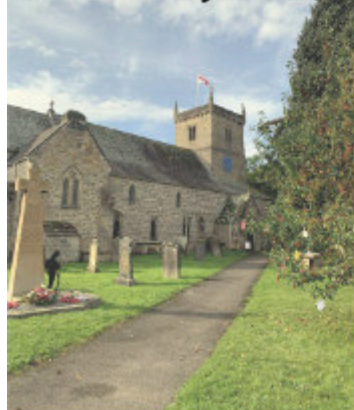
This event presents a variety of light classical music, including work by Handel, Slaughter on Tenth Avenue by Richard Rodgers, Offenbach's energetic Orpheus in the Underworld overture, and an exuberant Pomp and Circumstance March by Edward Elgar.

A printed programme is included in the ticket price. It provides brief details about the music and composers; plus, there'll be a version available for children aged 5–11 years.

Special guests will be Darlington Clarinet Ensemble

- Saturday 1st July 2023
- 7.30pm (doors open 7.00pm)
- Dolphin Centre, Horsemarket, Darlington DL1 5RP
- Call: 01325 406000
- Tickets: £7 (£5 concessions) at the venue from early June
- Please note: it'll be cash sales only at the concert for tickets (subject to availability)
- Online tickets: (+ booking fee) tinyurl.com/ConcertSummer2023

Come and join St Mary's Choral Evensong Group



We are a small Evensong group based at St Mary's Church in Gainford. We sing around five Sunday Evensongs per year, with currently one to two people singing per part.

Rehearsals usually take place on the Thursday prior to the service, as well as a rehearsal on the day. We are looking for all parts but especially Sopranos and Altos. If interested please get in touch via email for more information.

George Ford:

george.ford14@outlook.com

Rev. Canon Eileen Harrop:

stmarys@gainfordwinston.church

Deanery Confirmation Service



Gainford candidates at the Confirmation Service in St Mary's, Staindrop

Staindrop St Mary's was privileged to host the Confirmation Service held on Thursday 11th May and was delighted to welcome fifteen children and adults from across the Deanery to proclaim their faith before the Right Revd Bishop Paul. We were especially pleased to welcome candidates from one of Revd Canon Eileen's other churches, Gainford; who had six of the fifteen candidates for Confirmation and the only candidate also being Baptised. It was a moving and uplifting service.

Claire Mead, (Children, Youth and Families Missioner: Gainford, Ingleton and Staindrop), said "it was great that several members of St Mary's Gainford came along to support our candidates: Jenny, Emily, Judith, Anthony, Katie and Lucy. It was wonderful to hear Lucy and Emily share about their journey to faith

in God! Wendy Broderick and myself were particularly pleased to share this special service with Emily and Anthony who are regular members of the Mini Disciples club at Gainford School. We pray that all the candidates will continue to grow in love and faith in Jesus".

The evening was rounded off with a wonderful spread of mostly homemade savoury and sweet refreshments provided by parishioners and included a quintessentially English Victoria sandwich. The hospitality allowed time to share experiences and keep in touch with clergy and congregations from all over our deanery which we felt was almost as important at the service.

We look forward to seeing everyone at shared events in the future.

*Sarah Fells
(Chair of Staindrop St Mary's Church PCC)*

FOR ALL THE FAMILY!



St Mary's Church, Gainford
Sunday 18th June - Grumbling in the desert
3.30 - 5.30pm

All are welcome

creative crafts - food - Bible stories - worship songs

Children must be accompanied by a responsible adult

For more info contact

Claire Mead (Children, Youth & Families Missioner)

StMarys@gainfordwinston.church Tel. 01325 733154



Find us on
Facebook

YOUTH SAINTS
FOR 8-12 YEAR-OLDS
COME AND JOIN US!
Thursday 8 June
Bible Group 5:45-6:30pm
Youth Saints 6:30-8:00pm
St Mary's Church

Games - Songs - Crafts - Snacks

 facebook.com/gainfordwinston

PLACES OF WORSHIP

GAINFORD

St Mary's (Church of England)

www.gainfordwinstonanglican.com

Vicar:	Rev'd Canon Eileen Harrop The Vicarage, Gainford. Tel. 733154
Churchwardens:	Mr Peter Graham. Tel. 730351 Mrs Sue Taylor. Tel. 730379 Mr Geoffrey Taylor. Tel. 730379
Services:	Sunday 10.45am (Parish Communion)

St. Osmund's (Roman Catholic)

stosmunds.co.uk

Parish Priest:	Father Thomas Mason	www.ordinariate-darlington.co.uk
	St. Mary Presbytery, Birch Road, Barnard Castle. Tel. 01833 631457	
Masses:	Sunday 9.30am (Parish Mass); 1130am (Solemn Mass) Tuesday 10.00am Friday 12 noon	
Confessions:	Tuesday and Friday after Mass or by appointment	

WINSTON

St. Andrew's (Church of England)

www.gainfordwinstonanglican.com

Rector:	Rev'd Canon Eileen Harrop The Vicarage, Gainford. Tel. 733154
Churchwardens:	Mrs Chrissie Barnett. Tel. 730112
Services:	Sunday 9.30am (Parish Communion)

Methodist Church

Minister:	Rev'd Graham Cutler Tel. 01833 638272	email: graham.cutler@methodist.org.uk
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It was the five-year-old boy's first trip down to the Communion rail at church. Fascinated, he watched the vicar place a wafer in the palm of each person kneeling before him. When the vicar reached the little boy, he ignored the child's out-stretched palm, and laid his hand on the child's head in a gentle blessing instead. The boy, utterly bewildered, whispered to his father in a piercing voice; "He's put it on my head!"

Church Services and Bible Readings

Sunday 4th June Trinity Sunday

9.30am	St Andrew's, Winston	Lay-led
10.45am	St Mary', Gainford	Lay-led
2 Corinthians 13:11-end; Matthew 28:16-end		

Sunday 11th June 1st after Trinity

9.30am	St Andrew's, Winston	Archdeacon Rick Simpson
10.45am	St Mary', Gainford	Rev'd Canon Eileen Harrop
Romans 4:13-end; Matthew 9:9-13, 18-26		

Sunday 18th June 2nd after Trinity

9.30am	St Andrew's, Winston	Rev'd Canon Eileen Harrop
10.45am	St Mary', Gainford	Rev'd Canon Eileen Harrop
3.30pm	St Mary', Gainford - Messy Church	
Romans 5:1-8; Matthew 9:35-10:8		

Sunday 25th June 3rd after Trinity

9.30am	St Andrew's, Winston	Rev'd Susanne Jukes
10.45am	St Mary', Gainford	Rev'd Susanne Jukes
Romans 6:1b-11; Matthew 10:24-39		
5.00pm	St Mary's, Gainford - Choral Evensong	
Feast of the Apostles St Peter and St Paul Psalm 138; Ezekiel 34:11-16; John 21:15-22		



All welcome to **Choral Evensong**

Feast of the Apostles St Peter and St Paul

St Mary's, Gainford

Sunday 25th June at 5.00pm

Introit: Holy is the True Light – Harris

Anthem: O Thou the Central Orb – Wood

Canticles: Murrill in E

Psalm 138; Ezekiel 34:11-16; John 21:15-22

DIRECTORY

Gainford & Langton Parish Council

www.gainfordandlangtonparishcouncil.org.uk

Andrew Wilkinson (Chairman)	14 High Row	07904 622277
Abbi Walker	13 High Row	07717 377923
Carol Jackson	11 Spa Road	n/a
Sarah Hannan	31 Main Road	01325 730897
Simon Platten	31 Main Road	01325 730897
Maura Kennan	2 High Row	01325 730922
Martin Clark (Parish Clerk)	66 Chestnut Court, Toft Hill	01388 835712

Winston Parish Council

[email: winstonparishcouncil@gmail.com](mailto:winstonparishcouncil@gmail.com)

Jim Cook (Chair)	7 Highcliffe Edge	01325 730455
Jane Le Sage (Vice Chair)	Old Inn Cottage, Winston Gate	01325 730629
Mike Taylor	Readers Cottage	01325 730034
Elizabeth Fenwick	Burncroft	01325 730680
Richard Smith	1 Church Mews	01325 733319
Stuart Hodgson	3 Highcliffe Edge	01325 730812
Jane Ayre (Parish Clerk)	winstonparishcouncil@gmail.com	01833 650699

Gainford Primary School and Pre-School

Head: Mrs Christine Riley 01325 730274

St. Mary's R.C. School, Barnard Castle

Head: Mrs Lesley Box 01833 637029

Gainford Village Hall (bookings)

Tony Kennan 07836 673801

Winston Village Hall (bookings)

Dawn Day 07557 381518
Gill Woodhouse 01325 730580

St. Osmund's Centre (bookings)

Anne Lavender 01325 730492

Gainford Surgery

www.gainfordsurgery.nhs.uk

Dr. Elizabeth C. Neville 01325 730204
Dr. Alison V. Crisp
Dr. Carsten Boin

Police

PC David Williamson
david.williamson@durham.police.uk 101

DIRECTORY

GAINFORD

Allotments	Carolyn Squires-Martin	07810 226173
Beavers	Jessica Nath	07890 896021
Bell Ringers	Alex Johnston	01325 730458
Children's Sports Committee	n/a	
Cubs	Katy Hebdon	07729 744813
Drama Club	Enid Burden	01325 730537
Friends of Gainford School	gainfordfogs@gmail.com	01325 730274
Gainford Art & Design Society	Rachael Neville	07778 181864
Gainford Primary School	Chris Riley	01325 730274
Gainford Walkers	Peter Wilson	01325 730709
Leek Club	John Challen	01325 730778
Local History Group	Maggie Nicholls	01325 730565
noaddedsugar	Carolyn Knott	07773 333873
Parent & Toddler Group	Hannah Bienias	07740 190666
	Laura Wilson	07772 456771
Pilates	Pat Kenneally	07791 630726
Rainbows	Michelle Briggs	07784 265448
Scouts	Andrew Wilkinson	07904 622277
Table Tennis	Peter Wilson	01325 730709
Teesdale Quilters	Liz O'Neil	01325 281729
Tennis Courts	Lesley Renteurs	01325 733158
WI	Sue Taylor	01325 730379
Yoga	Mick Brennan	07771 806965
Zen Meditation Group	Billy Barnett	07901 593957

WINSTON

Art Class	Anne Howe	01325 377231
Gentle Exercise Class	Val Raper	01325 730811
Luncheon Club	Tracy Turnbull	07855 082804
Playing Fields	Louise Poole	01325 733225
Tea & Chat	Val Raper	01325 730811
Vintage Piping Society	Barry Waldon	01833 660562
Workout Class	Annie Dolphin	01325 730912
Staindrop & District Young Farmers Club - Claire Boyes		07760 340716

If you want your details published in this Directory,
send your contact details to; editors@parishnews.org.uk



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What's On

Notices need to be submitted every month to be included in 'What's On'

June

8 June	Youth Saints Bible Group	St Mary's Church	5.45pm
8 June	Youth Saints	St Mary's Church	6.30pm
12 June	Gainford History Group	Gainford Village Hall	7.30pm
15 June	Zen Meditation Group	Gainford Village Hall	7.00pm
22 June	Poetry Group	Gainford Village Hall	7.30pm
24 June	Fancy Dress Competition	Gainford Village Green	1.30pm
24 June	Gainfest	Gainford Village Green	1.30pm
28 June	Gainford VH AGM	Gainford Village Hall	7.00pm
29 June	Zen Meditation Group	Gainford Village Hall	7.00pm

Look Out For

1 July	Darlington Orchestra	Dolphin Centre	7.30pm
2 July	Car Boot Sale	Winston Playing Fields	9.00am
2 September	Annual Village Shoe	Gainford Village Hall	

The editors rely on village organisations to provide details of their meetings in order for them to be publicised in the Parish News magazine.

Regular Activities

Monday	Pilates	Gainford Village Hall, 10.30-11.30am
Tuesday	Table Tennis	Gainford Village Hall, 10.00-12.00pm
Tuesday	Choir; no added sugar	Gainford Village Hall, 6.30-8.00pm
Wednesday	Yoga	Gainford Village Hall, 10.00-11.30am
Thursday	Pilates	Gainford Village Hall, 10.00-11.00am
Thursday	Teesdale Quilters	Gainford Village Hall, 1.30-3.30pm
Thursday (2nd)	Teesdale Quilters	Gainford Village Hall, 10.00-3.30pm
Thursday (2nd)	Zen Meditation Group	Gainford Village Hall, 7.00-9.00pm
Thursday (4th)	Zen Meditation Group	Gainford Village Hall, 7.00-9.00pm
Friday	Baby & Toddler Group	Gainford Village Hall, 9.00-11.30am
Friday	Warm & Welcome	Gainford Village Hall, 10.00-12.30pm

GAINFORD PARISH CHARITABLE TRUST

Providing funds for charitable purposes in the civil parish of Gainford.
For further information and application forms, contact: Jim Wood, 01325 730030

HEADLAM HALL

COUNTRY HOTEL & SPA



THE RESTAURANT

Join us for lunch, Monday - Saturday for a 2 course meal for £19.50pp or 3 course for £24.50.

Sunday Lunch is à la carte and includes traditional roasts. Prior booking advised.

Enjoy an evening meal in either our Library Bar or the Orangery, private dining rooms also available for special occasions.

AFTERNOON TEA

Enjoy a traditional afternoon tea in one of our lounges to include finger sandwiches, pastries and cakes with a selection of teas and coffee - £24.50pp served daily from 3pm-5pm by prior reservation only.

THE BRASSERIE

This relaxed café located in the Spa serves hot and cold drinks throughout the day as well as snacks such as homemade sandwiches, scones, cakes etc. There is seating indoors or on the terrace with fabulous views over the golf course.

SPA & GOLF

Interested in membership? Please contact us for details.